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Entertaining
you



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Star
line-up



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Stadium
rocks

the newham mag

issue 343 // 17 – 30 June 2016 // Every fortnight



We Shall Not Forget

Honouring
Newham's youngest
VC holder (p8)

Look out for the next issue from **1 July 2016.**

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News

New role is just Capital

Newham councillor Ellie Robinson has accepted a new role at City Hall as a senior adviser to the new Mayor of London Sadiq Khan.

Ellie has resigned as a councillor for Forest Gate North where she has served residents for six years. A by-election is set to take place on 14 July.

She said: "It was a hard decision. It has been an honour working with and for the residents of Forest Gate North. I've enjoyed being a councillor in the area where I grew up and still live. I am most proud of helping to create Newham's one stop shop for victims of domestic violence, including the first female genital mutilation prevention service of its kind."

Mayor Sir Robin Wales said: "London's gain is Newham's loss. I express my gratitude for the energy, passion and commitment Ellie has put into her Cabinet roles in Newham. She will be brilliant in her new job."

The Mayor has also announced changes to some Cabinet, mayoral adviser and community lead councillor roles. Councillor Forhad Hussain takes the portfolio of crime and anti-social behaviour from Councillor Unmesh Desai following the latter's election to the Greater London Assembly. Councillor Desai remains a Newham councillor. Councillor Hussain is still deputy Cabinet member for building communities, but no longer community lead for Plaistow.

Councillor Rachel Tripp joins the Cabinet with responsibility for equalities as well as being community lead councillor in Forest Gate. Councillor Hanif Abdulmuhit becomes community lead for Plaistow as well as being mayoral adviser for building communities (adult care integration) and community lead for Green Street.

Councillor Mas Patel remains mayoral adviser for building communities (mental health care integration) and community lead for Stratford and West Ham.

Councillor Idris Ibrahim remains mayoral

adviser for building communities (early years integration) and community lead for Custom House and Canning Town. Councillor Salim Patel, community lead for Manor Park, also becomes a mayoral adviser for building communities (early years integration), supporting Councillor Ibrahim.

Councillor Tahmina Rahman becomes mayoral adviser for new media while Councillor Joy Laguda, Chair of Council, also has the honorary title of associate Cabinet member with responsibility for adult safeguarding.



Councillor Ellie Robinson (left) will be taking up a new role at City Hall

For details of all Cabinet and mayoral adviser portfolios visit www.newham.gov.uk/councillors

News

Flying the flag for armed services

Newham Council is hoisting a flag at town halls in East Ham and Stratford this week in recognition of Armed Forces Day (27 June).

Armed Forces Day raises awareness of the contribution made by those who serve and have served in the armed services. It offers an opportunity for people to show their support for the wider armed forces community including Regulars, Reservists, veterans, cadets, and their families.

Mayor Sir Robin Wales said: "We fly the flags at our town halls to salute our armed forces. We value everything that they do for us because they sacrifice a great deal to keep us safe.

"We should continue to be proud of those servicemen and women who call Newham home, who have previously served or are currently serving. We respect their continued bravery in the things that we ask them to do."



The Mayor with members of G Company 7 Rifles based in West Ham



Cllr Collier, centre, and the Imps

Vroom with a view to fun

Rewving engines, jumps and precision riding was the order of the day when the Imps motorcycle display team went through their paces at their base in Folkestone Road, East Ham.

Youngsters from the junior display team showed off their skills to 400 people, including Newham councillor Bryan Collier who is a patron of the group.

The team of 38 riders aged eight to 18 included a dozen new members who performed before an audience for the first time. Team director Roy Pratt MBE said: "During the winter we take on new members who we train for the next season. This was our first display and all the team did well."

Councillor Collier said: "The Imps are all about developing precision riding skills, learning discipline from being part a team and having a lot of fun." For more details see www.impsonline.com

Salute members of our armed services on **27 June** Armed Forces Day

...in brief

Fostering a spirit of caring

Foster carers have been praised for the difference they make to the lives of children and young people.

Newham Council welcomed them to the Tereza Joanne boat in the Royal Docks for an annual celebration of their

work. Six awards were presented for outstanding contribution, including one for husband and wife Momtaz and Aziz Rahman. Others were for long service, which included Denise and Victor Middleton for 36 years of fostering.

Councillor Lakmini Shah, deputy Cabinet member for children's safeguarding, and Councillor Freda Bourne helped present the awards.

Councillor Shah said: "We wanted to thank our foster carers who do so much. Fostering is emotionally rewarding and with all childcare costs covered and a fee, people should consider it as a career option. We have recruited almost 60 new carers in the past three years."

For information visit www.newham.gov.uk/fostering or call freephone **0800 0130393**.



Cllrs Shah and Bourne with Momtaz and Aziz Rahman

Date for by-election

A by-election for a vacant Newham Council seat in Forest Gate North ward will take place on Thursday 14 July. It follows the resignation of Councillor Ellie Robinson.

Applications for postal votes must reach the Electoral Registration Officer at Newham Town Hall, Barking Road, East Ham, no later than 5pm on 29 June. Applications to vote by proxy must reach the Electoral Registration Officer by 5pm on 28 June. For other applications visit www.newham.gov.uk/elections

Boost during maternity

Newham residents are set to benefit from improved maternity services after the borough was selected by NHS England to be a Maternity Choice and Personalisation Pioneer.

It means local health organisations will be working together to offer personalised care plans developed with a midwife, set up a helpline, offer more access to information and provide support to women at each stage of pregnancy. For more information visit www.england.nhs.uk

Bar's licence removed

Newham Council's Licensing sub-committee has removed the licence from the Juoda Balta after a number of violent assaults at the venue.

After hearing evidence from the police of five incidents at the bar in Jenkins Lane, East Ham, the committee decided to revoke the licence.

The committee also amended the licence of The Oiler Bar in Royal Victoria Dock to shorten its opening hours and stop customers drinking on the top deck after 9pm. Both premises have 21 days to appeal. Anyone with concerns about a premises can call **020 8430 2000**.

Illegal party thwarted

An illegal event was prevented from taking place in an unlicensed restaurant after Newham Council officers seized a tonne of alcohol.

On 27 May after receiving intelligence, council licensing officers and the police visited a restaurant in Woodgrange Road, Forest Gate, and found 15 people inside, a large amount of spirits and beer, music decks and speakers. Officers seized the alcohol to prevent the event taking place.

Almost **60** new carers recruited by Newham Council – call **0800 0130393**

Mayor's view

Money will start rocking in

The Stadium in Queen Elizabeth Olympic Park is used to rocking to the sound of applause for athletes like Usain Bolt and Mo Farah. Now it has been rocked by music.

The first ever gig at the Stadium was a spectacular show from veteran rockers AC/DC. "It's a nice place to be," said singer Axl Rose to the tens of thousands of fans enjoying the show. And they roared back their approval.

"Our investment means financial and community benefits come directly back to residents."

If nothing else the concert supported the wisdom of the £40 million loan we invested in helping to transform the Stadium into a world-class venue capable of hosting sport, music and community events and where residents have opportunities to see activities for free.

Now that the first concert has happened, others will come. That will generate income and profit and thanks to our 35 per cent ownership of the Stadium, we will earn money from it for years to come. On top of that, the Stadium will pay business rates to Newham Council, and the loan we made will be repaid to us in full with interest.

Money we make will help fund council services. It's also important that residents

get to see events – people like Jessica Hunter from Custom House, (pictured), John Wood from Plaistow, (pictured), and Debbie Bermingham from Custom House, who were among the lucky recipients of free tickets we secured for Newham residents to see AC/DC.

There will be more opportunities when West Ham United move into the Stadium because part of the deal is 100,000 free tickets every year. We also get to use the Stadium for community events such as our Great Newham London Run.

Our investment means financial and community benefits come directly back to residents. Otherwise, there is little point in having this marvellous venue here.



Tens of thousands of fans packed the Stadium



Building on jobs success

I am immensely proud of our employment service Workplace and everything that it has achieved so far. Last week that success was evident at the topping out ceremony of Glasshouse Gardens on The International Quarter (TIQ) development in Stratford.

The ceremony was organised by contractor Prater to celebrate the completion of their work on one of the residential towers at TIQ. Prater was one of the companies represented at my Careers in Construction conference last year, where I set out my plans to further strengthen Workplace's links to the construction industry. Prater's tremendous work with Workplace and the Building Crafts College in Stratford has so far helped 45 residents into work.

"We can ensure residents benefit from the tremendous changes happening in the borough."

The overall results in The International Quarter are impressive. Around a third of workers on site are Newham residents. Many of those started out with no experience, but have now gained qualifications and skills which will be invaluable in future.



Topping out at The International Quarter

It is not just Stratford that is reaping the rewards from billions of pounds worth of investment because we are seeing huge regeneration across the whole borough.

The Royal Docks, Canning Town and Silvertown Quays are rapidly transforming. Businesses have already recognised that Newham is a fantastic place to be, with our young, diverse and increasingly educated population and superb infrastructure and transport links. Companies want to partner

with us and we want to work with them, not against them.

Through the close relationships we have built with local, national and international businesses such as Prater, we can ensure residents benefit from the tremendous changes happening in the borough. Above all, we want to make sure that regeneration offers opportunities for residents to achieve their potential and fulfil their aspirations.

Jack's ultimate sacrifice – honoured and remembered 100 years on

The extraordinary courage and devotion to duty of Jack Cornwell VC, who died after sustaining mortal injuries in a gun battle in 1916 was marked with the unveiling of a commemorative stone.



Hundreds witnessed the event in East Ham's Central Park to mark the brave actions of one of the youngest ever people to receive a Victoria Cross.

John Travers Cornwell (nicknamed Jack) was just 16 when he heroically stayed at his post on HMS Chester during the Battle of Jutland in May 1916 despite being severely wounded. He died in Grimsby Hospital on 2 June, 1916.

Deputy Mayor Councillor Lester Hudson and cadet Kacey-Leigh Jasper, 14, from the Newham Cornwell VC Sea Cadets, unveiled the stone marking Jack's actions during a special ceremony at the Central Park Cenotaph.

"It is right that we remember people who have died serving their country, and it's right that Jack's bravery is still remembered to this day."

The Victoria Cross (VC) is the highest award for gallantry a member of the British and Commonwealth military services can achieve.

Five people from Newham received the

VC during World War I. Newham Council is honouring them by laying a special stone at the Cenotaph around the 100th anniversary of the act of bravery they received the award for.

Councillor Hudson said: "It is an honour to mark the 100th anniversary of the bravery of Jack Cornwell. The inscription on his grave in Manor Park sums up Jack with the words: *It is not wealth or ancestry, but honourable conduct and a noble disposition that make men great.*

"Jack should not have been in battle at all at his age, but in extraordinary circumstances he showed determination and bravery. It is right that we remember people who have died serving their country, and it's right that Jack's bravery is still remembered to this day.

"I hope we never again face the destruction and loss of life experienced in World War I. But we must continue to show our pride in those who have served in the armed forces and those who continue to serve."

The annual parade by the Newham Cornwell VC Sea Cadets and The Royal British Legion in his honour preceded the unveiling of the stone. The ceremony

was also attended by the Young Mayor of Newham, Alex Jarrett and members of Jack's family.

Clare Wallace came with her 11-year-old daughter Angel. Clare said: "Our mum, Mary Cornwell, was John's cousin, though everyone in the family called him Jack. We are all immensely proud of him. It is important that we keep telling his story, especially among the younger members of the family.

"This commemorative stone will be a permanent memorial to him."

"There are increasingly fewer and fewer of us left to pass stories down so I'm pleased there are many young people here at the ceremony."

Many service veterans also came to remember and pay their respects. Stan Moore, 89, born in Canning Town, was a Pongo, the nickname for a soldier stationed on board Navy ships to protect the sailors. He said: "There are increasingly fewer and fewer of us left to pass stories down so I'm pleased there are many young people here at the ceremony."



Clockwise from top right; (1) The day's events began with a parade, led by the Royal Fusiliers, to Central Park; (2) Deputy Mayor Councillor Lester Hudson at the cenotaph with Jack's relatives and other dignitaries; (3) Members of the Royal British Legion also honoured Jack; (4) Sea cadets get ready to pay their respects; (5) Pongo Stan Moore and cadet Nancy Cooper commemorate Jack's sacrifice.

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Directed by
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Picnics and tea parties for a Royal birthday

Newham residents of all ages have been celebrating The Queen's 90th birthday with parties and picnics bringing communities together. Schools transformed playgrounds and dining halls with bunting and balloons.

Altmere and Lathom Schools Federation in East Ham held an old fashioned East End party complete with a Pearly King and Queen. Pupils enjoyed the party which also coincided with the end of a successful Citizenship Week as the school celebrated fundamental British values.

In addition to delicious food there was a large selection of cakes decorated in the colours of the British flag. The school received funds from Newham Council's Let's Get the Party Started grant.

Children at Hartley Primary School, in East Ham, held a big lunch and raised money for children's charity UNICEF. They tucked into delicious food donated

by generous parents. Members of the local community including residents of the Oakwood Care Home in Bendish Road also joined in.

More than 700 pupils at Southern Road Primary School, in Plaistow, wore red, white and blue to mark the Royal occasion as they enjoyed a garden party where they tucked into cucumber sandwiches and cake.

They ended the afternoon with the entire school taking part in a sing song that included Happy Birthday Your Majesty, I'm Forever Blowing Bubbles and the National Anthem.



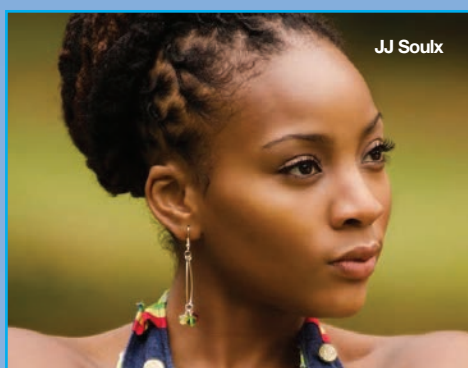
If you want to host an event to mark the Queen's 90th birthday, you can get help from Newham Council. For more information and to apply go to www.newham.gov.uk/party

Music and Dance at — THE MAYOR'S — NEWHAM SHOW



There are only three weeks to go until the Mayor's Newham Show returns to Central Park, East Ham, for two days of **FREE** family entertainment on Saturday 9 and Sunday 10 July, 12noon-6pm. Here is a brief guide to the musical and dance acts that will be appearing on the Main Stage.

Event regulars **Ashley J and Tee-J** are back to introduce some of the hottest talent that Newham has to offer as well as some popular acts to really get the party started.



Saturday

See **Chase & Marshall** from **Paw Patrol** delivering Story Time sessions, led by a narrator. There will also be an appearance on the Children's Stage later on the same day.

Get in the groove with headline act and

80s disco legends **Odyssey** and enjoy their chart hits including 'Going Back To My Roots' and 'Use It Up And Wear It Out'. Catch performances by BBC's The Voice 2016 soulful contestant **JJ Soulx**, world music phenomenon **The Full Attack Band**, Brazilian funk stars **The Fontanas** and female country show **Queens of Country**.

Newham's **Chobham Academy Choir** will perform and **East London Dance** will present Kloe Dean's all-female Hip-Hop dance group **Myself UK Dance Company**.

Sunday

Children's TV favourite **Rastamouse** will be leading the fun and laughter with a show full of reggae riddims. The Children's Stage will also host an



appearance later in the day.

Headliners **Candy Apple Blue** will deliver a show that you won't forget in a hurry – great hits and recent chart toppers are guaranteed. Come and see local favourites the **Deborah Day Theatre School**, Stratford-based **New Young Voice Collective Choir (New YVC)** and Newham's very own **Every Child a Musician Stars Orchestra and Choir** take to the stage.

Discover the magic of Bollywood with **Kuntal's School of Bollywood Dance**, authentic Cuban Son music with **Son Yambu** and the brilliance of ITV's Britain's Got Talent singer **Jasmine Elcock**.

Look out for our special Mayor's Newham Show supplement in the next edition of the Newham Mag. For regular event updates this summer, visit:

www.newham.gov.uk/mns

[f NewhamEvents](#)

[@NewhamLondon](#) [#NewhamShow](#)

Don't forget to book your place at a **FREE** community carnival class taking place

on Saturday 25 June, 1-3.30pm and Monday 4 July, 4-6.30pm at East Ham Customer Service Centre and Library. To book your place and for further information email carnival@newham.gov.uk



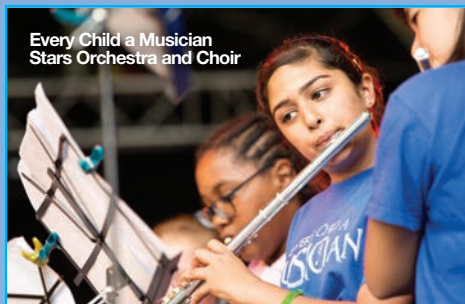
Candy Apple Blue



Ashley J and Tee-J



Every Child a Musician Stars Orchestra and Choir



Kuntal's School of Bollywood Dance



All programming is subject to change.





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UNDER THE STARS

THE BIG LINE-UP REVEALED

Newham's most popular FREE music event returns to East Ham's Central Park and we are proud to announce the acts performing at this year's event.

Thursday 18 August

Junior Marvin's Wailers will headline the opening night with smooth reggae classics. 'Junior' Marvin (original member of Bob Marley and the Wailers) will perform his own material and those Wailers songs we all know and love, such as 'Could You Be Loved' and 'One Love'.

Carroll Thompson, Queen of Lovers Rock, with hits such as 'I'm So Sorry' and 'Simply In Love' will open the evening, followed by **The Lee Thompson Ska Orchestra**, formed by Lee Thompson, founder and saxophonist in legendary ska/pop band Madness.

Friday 19 August

An evening hosted by BBC Asian Network's **Tommy Sandhu** with **DJ**

Sachy and headlined by Bhangra artist **Jaz Dhami**, who has a mega hit single titled 'High Heels' featuring Kareena Kapoor. Other fantastic acts include **Imran Khan** and **Zack Knight** who will have you bouncing all night long!

Saturday 20 August

Headliner **Björn Again** are the closest you can get to seeing ABBA, and their show has achieved worldwide cult status. Soul legend **Alexander O'Neal** will also perform classics such as 'Fake' and 'Criticize'. The night will begin with **Heatwave**, known for their big disco hit 'Boogie Nights'.

Sunday 21 August

The **Royal Philharmonic Orchestra** conducted by **John Rigby**, soprano **Deborah Norman**, tenor **John**

Pierce and **Newham's Every Child a Musician Stars Orchestra** will perform a quality programme of classical music. The night will end with a spectacular fireworks grand finale.

All programming is subject to change. Keep reading the Newham Mag for more information on the acts performing at Under the Stars.

Thursday 18 – Sunday 21 August

Gates open daily at 6.30pm
Central Park, East Ham, E6

See website for more details at:

www.newham.gov.uk/UTS

[NewhamEvents](#)

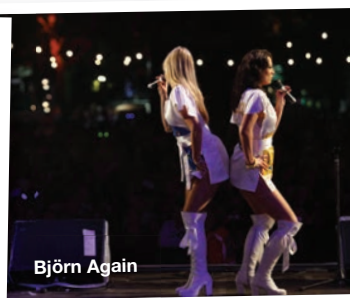
[NewhamLondon](#)



Junior Marvin's Wailers



Jaz Dhami



Björn Again



The Royal Philharmonic Orchestra



Walking in the n

Newham Council is committed to creating a cohesive society through stronger, more resilient communities. It supports initiatives and events that bring diverse communities together, not just to help themselves but to strengthen others – events like the Charity Walk for Peace.

Mayor Sir Robin Wales and Newham councillors Ken Clark, Forhad Hussain, Hanif Abdulmuhit, and East Ham MP Stephen Timms, joined more than 2,500 people who took part in the four-mile peace walk around the Royal Docks to show solidarity against extremism and raise money for various charities in Newham and elsewhere that help and support the vulnerable.

The event was organised by the Ahmadiyya Muslim Elders Association UK (AMEA UK) who worked with Newham Council's Green Street Community Neighbourhood Team on arrangements for this year's walk, which has taken place at various locations for the past 28 years and

raised £2.4million for more than 200 charities. It supports vulnerable and disadvantaged people and promotes peace, understanding and goodwill.

“As well as bringing people from a wide range of backgrounds and faiths together, it has raised money for local and national good causes”

More than £500,000 was raised by those who took part in the walk that began and ended at Newham Council's headquarters at Newham Dockside.

Some of the money will support ten



ame of peace

Newham charities selected by AMEA UK's executive committee. These include Richard House children's hospice in Beckton, the Newham People's Trust Fund, the West Ham United Foundation and Caritas Anchor House in Canning Town, which offers a home and support to single homeless adults and works with those affected by offending, mental health, substance misuse, domestic abuse and unemployment.

This year's walk followed a scenic route along the waterside taking in sights such as the Emirates Air Line cable car, the Thames Barrier, London City Airport and the ExCeL exhibition centre.

Mayor Sir Robin Wales said: "I am delighted the annual Charity Walk for

Peace was held in Newham this year. We are the most ethnically diverse place in England and Wales and AMEA UK mirrors our work to develop strong, cohesive and integrated local communities. As well as bringing people from a wide range of backgrounds and faiths together, it has raised money for local and national good causes.

"Everybody who took part wore jackets that said Love for All, Hatred for None. This is what the Charity Walk for Peace stands for and what we all stand for."

Councillor Ken Clark, Cabinet member for building communities, public affairs and regeneration and planning, said: "It was a magnificent occasion for everyone involved. Our diverse community is what

makes this borough strong and one of the contributing factors is the way we work together. This peace walk showed how we are stronger when we come together to tackle common challenges."

"It doesn't matter how much someone raises or donates, what is important is that everyone gets involved for the good of all."

Dr Ijaz Rehman, national president of AMEA UK, said: "It doesn't matter how much someone raises or donates, what is important is that everyone gets involved for the good of all."

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Looking forward

Thursday 23 June, 3pm

Stratford Circus Arts Centre, Theatre Square, Stratford E15 1BX

Join us to celebrate the talents of people with learning disabilities. Includes lunch and a disco.

For more information please email
Abdul.Malik2@newham.gov.uk or call 020 3373 7622.

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Fostering

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Fostering Information Evening
Wednesday 22 June 2016
4pm - 7pm

Stratford Library
3 The Grove
Stratford E15 1EL

For more information call
0800 0130 393
www.newhamfostering.co.uk

Newham London





ROCK LEGENDS

BRING STADIUM LEGACY TO LIFE

Rock legends AC/DC made history by being the first ever band to play a gig at the former Olympic Stadium in the heart of Queen Elizabeth Olympic Park in front of tens of thousands of fans. In doing so, they brought to life the dream of the legacy on which our successful bid for the 2012 Games were based.

Among the tens of thousands of fans who soaked up the atmosphere of the unforgettable concert in the amazing venue there were many from Newham, including a group lucky enough to see the Australian superstars for free after winning 18 pairs of tickets.

One of the lucky winners was Debbie Bermingham, from Custom House. She said: "I am their number one fan and was really excited about winning these tickets.

"The atmosphere was brilliant. It is good for the area to have events like this and I'm enjoying watching the borough change."

They watched the band perform their best known hits at the stadium as part of their European "Rock or Bust" tour.

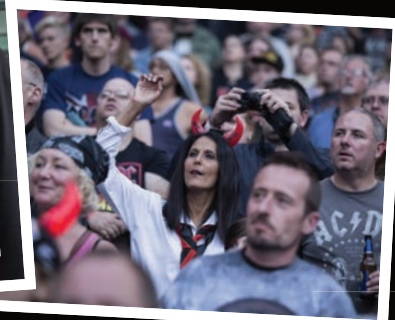
The offer of 18 pairs of free tickets was part of our commitment to ensure that Newham residents get opportunities to watch events in the former Olympic Stadium for free.

Mayor Sir Robin Wales said: "This is exactly the kind of opportunities we had in mind when we invested in the venue – to give our residents amazing access to events like this.

"Our £40 million investment in the former Olympic Stadium was all about making sure it became accessible for all our residents, whether it was for sports, entertainment or community activities."



Ticket winner
Debbie Bermingham
with Sir Robin

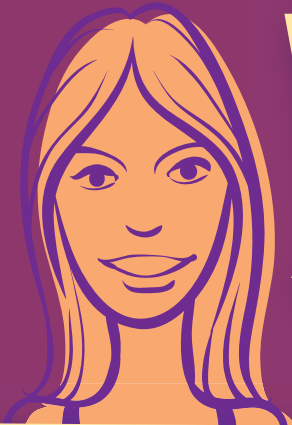


SAY

Newham London



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For more information email YES.Enquiries@newham.gov.uk or call 020 3373 8730.

Freedom and equality



Last month, Newham Council conferred Freedom of the Borough on ten individuals and one organisation for their significant contribution to Newham life now and in the past. Four also received the title of alderman or alderwoman. The Newham Mag is highlighting all their stories. We begin with former deputy mayor Christine Bowden who received freedom and alderwoman titles.



Christine served as a Newham councillor from 2002 to 2010 and as deputy mayor from 2006 to 2010. She worked in advertising and marketing for more than ten years and in the 1980s lived and worked abroad for the world's largest oil company.

In 1990 she achieved her ambition to support and mentor unemployed and disaffected young people, including working for the charity Community Links in Canning Town.

Alongside her work, Christine remained politically active, motivated by a desire for equality and social justice to make life better for others. She was first involved in local

politics in the 1970s. By the 1990s she was deputy leader at Brighton and Hove Council. In 1996 she moved to Newham.

She was elected in 2002 for Manor Park ward and in 2006 for Beckton ward. As deputy mayor she covered human resources and industrial relations. One of her proudest achievements was delivering single status for Newham Council, so that women employed by the council were paid the same as men.

Mayor Sir Robin Wales said: "It is because of people like Christine, with her commitment to justice, that women today have the rights, freedoms and

opportunities that they take for granted.

"She proved not only that women can have interesting and varied careers, but that they can succeed in all arenas, be that business, politics or local government."

"It is because of people like Christine, with her commitment to justice, that women today have the rights, freedoms and opportunities that they take for granted".

Children go from Land's End to John O' Groats for charity - without leaving school

Children from Cleves Primary School took part in a walking challenge to help raise cash for charity.

They walked a total of 874 miles, the distance from Land's End to John O' Groats, through laps on a track at their school in Arragon Road, East Ham, to raise money for five charities.

Parents, families and relatives sponsored the children in nursery all the way to Year 6 to complete a set of laps in their playground during the afternoons. They managed to raise more than £1,100 which will be split equally between the charities UNICEF, Water Aid, Newham Foodbank, the Alzheimer's Society and Richard House Children's Hospice in Beckton.

Deputy head teacher Jim McLucas said: "We are pleased to announce that thanks to great support from friends, families and the community we have managed to raise more than £1,100. Well done to everyone especially Friends of Cleves and the School Council."



Pupils walked miles

GALLIONS SCHOOL IS TOP OF THE LEAGUE

Youngsters from Gallions Primary School in Beckton donned the famous claret and blue of West Ham United when they took part in a Premier League Schools Tournament.

The pupils, all aged 11 and under, represented the Hammers in the competition, which took part on the pitch at Everton's Goodison Park stadium in Merseyside. They played matches against Sunderland, Crystal Palace, Watford and Manchester United.

Although the boys narrowly missed out on the semi-finals of the competition, they enjoyed a great day and the highlight for them all was being able to stand next to the Premier League trophy.

All the team were presented with certificates and medals in an achievement assembly that took place at their school. Gallions got to represent the Hammers after winning heats organised by the West Ham United Foundation. More than 1,700 schools and 14,000 pupils took part nationwide.



The Gallions team at Goodison Park

COMIC FANS DRESS FOR SUCCESS

Two budding reporters spent a day at the ExCeL exhibition centre in the Royal Docks mingling with costumed super heroes and characters usually found within the pages of comics.

Hadia Mughal, 15, and Kacey-Leigh Jasper, 14, students from Eastlea Community School, in Canning Town, visited the MCM Comic Con to explore what the phenomenon was all about.

For Hadia it was her first Comic Con and she enjoyed the opportunity to look at the amazing costume designs and the opportunity to interview visitors, including an extraordinarily realistic Iron Man.

Kacey-Leigh said: "Comic Con was a great way of getting people of all ages into reading, especially the comics and books behind all of the amazing sci-fi movies people watch. Most of all it was a fun, family event where people got to share their passion for popular culture."



Hadia and Kacey with Nick Blood from TV's Marvel's Agents of SHIELD © www.fleetingimages.co.uk

PUPILS ARE GREAT DEBATE MATES

A group of Year 9 students from St Angela's Ursuline School in Forest Gate argued their way to second place nationally in the final of a debating competition that took place at the House of Lords.

The Urban Debate League competition, hosted by Urban Debate Mate, takes place every year over ten months and involves more than 280 schools from across the country. Pupils take part in a series of debating competitions, earning points as they progress.

At the end of March, the St Angela's team qualified for the final after battling with teams from seven other schools. After taking part in three debates, the team made the top two positions.

The final took place at the House of Lords last month where they debated the motion of media access during time of war.



Young looking to beat poor health

Schools from across Newham are taking part in a popular walking, running and cycling initiative that aims to get people of all ages fitter and healthier.

The Beat the Street scheme takes place until 20 July and has been organised by Diabetes UK, the British Heart Foundation and Tesco, and supported by Newham Clinical Commissioning Group.

Beat boxes have been placed on lamp-posts across the borough where pupils tap fobs as they walk or cycle to and from school. The fobs are tagged so each school knows how many miles its pupils have walked. There are team prizes up for grabs.

St Antony's Junior School and Quwwat-UI-Islam girls school, both in Forest Gate, are among the schools taking part in the scheme, which is seeking to reduce the risk of serious ill-health in later life. For information visit www.beatthestreet.me/eastlondon



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry

GALLERY



Zaviar Khan, 7



Helene Sun, 7



Nawfal Amir Sadic, 6



Ballal Khan, 11

Tickets to Stratford Picturehouse

This issue's winner receives a free family ticket at Stratford Picturehouse, which includes a kid's popcorn and drink.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Colour-me-in Wordfit

Poem

Newham Rap

Newham is the best!
Better than the rest!
So stop the mess
And do your best
Newham is cool
Don't be a fool
Go to school
Obey the rule
Sit on the stool
Don't be cruel
Newham is the best
Better than the rest

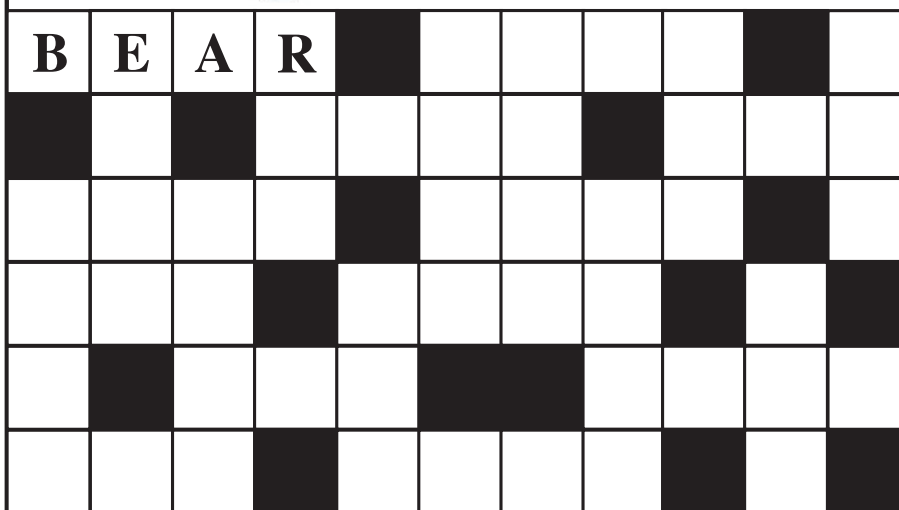
Ayesha Khan, 10

3 letters

AND
DRY
DYE
ELM
MOP
NEW
OIL
ROW
SKY

4 letters

ALTO
CAKE
CALM
CARD
CASE
CREW
EARN
EDDY
NEON
ONCE
OVAL
STOP
WIDE



WHAT'S ON?

Download our What's On app at www.newham.gov.uk/neighbourhoodevents

OUR THRILLING THREE...

1

Play Focus – A fun and interactive free session to promote investigation, social skills and build confidence for children. Thursdays from, 9.30-11.30am, Stratford Library, The Grove, E15

2

Creative Writing – An opportunity for budding writers to get creative at Canning Town Library, in Barking Rd, E16 on Thursdays from 6.30-7.30pm. Sessions will be led by Lewis Buxton, popular writer and performance poet. All welcome, 16+

3

East Ham Performing Arts – Dancing, singing and drama. No need to book. All ages welcome Fridays, 6.30-7.30pm, East Ham Library, 328 Barking Road, East Ham, E6

DECORATE PLAISTOW LIBRARY

Get creative, and help us decorate Plaistow Library in preparation for this year's Summer Reading Challenge.

All materials will be provided to create your favourite characters and sets from Roald Dahl's books. All ages welcome. Free. Fridays, 3.30-5pm, until 15 July, Plaistow Library, North Street, E13.



TRY SOMETHING NEW... BABY MASSAGE

A free five-week course to help you learn the benefits of baby massage and simple techniques to relax and bond with your baby.

Registration required through Rebecca Cheetham Children's Centre, E15, on 020 8534 3136. Learn the benefits of baby massage and simple techniques to relax and bond with your baby.

For babies six weeks to mobile. Wednesdays 1-2pm, Stratford.



Indicates free sessions

Libraries unless stated

UNDER-FIVES



Toy Library

Introducing toddlers to borrowing toys. *Thurs, 11-12noon, Beckton*

Storytelling

Mon 11-11.45am, Tues 10.30-11.30am, Beckton; Tues 10.30-11.30am, Thurs 2-3pm, Plaistow; Sat 11.30am-12noon, Green St; Tues, 10.45-11.30am, Canning Town; Tues, 10.30-11.30am; Thurs, 10-10.30am, Tues, 10.30-11.30am, East Ham; Tues 11am-12noon, Fri 11am-12noon, Stratford; Fri, 10.30-11.30am, Manor Park; Mon, 10.30-11.30am, Custom House; Tue, 10.30-11.15am, The Gate

Stay and Play

Support for parents and carers to develop their child through play.

Tues, 9.30-11.30am, Jeyes C.C; Thurs, 1.30-3.30pm, Jack Cornwell C.C; Weds, 10am-12noon, Sat, 11am-1pm, Stratford; Sat, 12noon-1pm, Green St

Jiggaree Session (term time)

Fri, 10-11am, Plaistow

Reading Together

Thurs, 2.30-3pm, Custom House 

Rhyme Time

Mon, 2.45-3.30pm; Tues, 10.30-11.15am, North Woolwich

Bumps and Babies

Fri, 1.30-3.30pm, The Gate; Mon, 1-3pm, Beckton Globe

Active Tots

Developing children's fitness through fun active play, games and activities. *Thurs, 1-2pm, Stratford*

Music and Movement

Children and parents/carers get active using different types of dance and musical instruments.

Mon, 1.30-2.30pm, Stratford

Baby Club

A fun and interactive session for parents and carers of babies under 18 months. Mon, 9.30-11.30am, Stratford

YOUNG PEOPLE



Games Club (7-16yrs)

Sony PS3, Xbox360, Nintendo Wii, board games and more. Thurs, 4-6pm, Plaistow; Tues, 3.30-5.30pm, Custom House; Weds, 3.30-5pm, The Gate; Thurs, 4-6pm, Canning Town; 5-7pm, Beckton Globe (5-12yrs); Fri, 4-7.30pm, Green St

Young Readers Club (7-12yrs)

Read and discuss your favourite books. Tues, 4-5.15pm, North Woolwich

East Ham Youth Zone

Sony PS4, DJ decks and other activities. Tues, 4-7pm, East Ham

Just Dance!

Sat, 5.30-6.30pm, Green St

Family Movie Club

Free films for all the family. Fri, 5.30-7pm, Manor Park; Sat, 4-5.30pm, Green St

Homework Club

Fri, 4-5pm, Beckton; Fri, 4-6pm, Canning Town; Fri, 4-5pm, East Ham; Sat, 2-3.30pm, Manor Park; Mon, 3.30-4.30pm, North Woolwich; Mon, 3.30-5pm, Plaistow Library; Mon, 4-6pm, Sat, 1-3pm, Stratford; Sat, 10.30-12.30pm, The Gate; Sat, 2-3pm, Green St

Film Club (16+)

Thurs, 1-3.30pm, North Woolwich; Last Friday of the month 6-9pm, contact library to book, Stratford

Children's Movie Club (5+)

Thurs, 4-7pm, North Woolwich; Tues, Sat, 4.30-6.30pm, Manor Park; Thurs, 4-6pm, The Gate

Board Games Club

Tues, 4-5pm, Sun, 1.30-2.30pm, Stratford; Wed, 6-7.30pm, Manor Park; Sat,

11am-12noon, North Woolwich; Fri, 5.30pm-6.30pm, Beckton

Young People's Positive Activities (9-19yrs)

Weds, Fri, 7-9pm, Harold Road Centre; Weds, Thurs, 5.30-8.30pm, Katherine Rd C.C.

Family Film Night

Sat, 5.30-7.30pm, East Ham

Crafty Challenges

Fri, 5.30-6.15pm. All ages welcome, East Ham

1st Stratford Brownies (7-10 yrs)

Girls only children's group. Weds, 6-7.30pm, Play Sow and Grow, 6 Gay Rd, Stratford, E15 2RN, £20 per term (10 weeks). Email guidinginstratford@outlook.com

East Ham Performing Arts

Fri, 6.30-7.30pm. All ages welcome, East Ham

Family Fun Night

Family fun with arts and crafts to games and quizzes. Weds, 5.30-7.30pm, East Ham

East Ham IT Youth Zone

Free support in using IT for homework, coursework while having fun developing new skills. Mon, 4-7pm, East Ham

ACTIVITIES AND SUPPORT



Afternoon tea

Weds, 4-5.30pm, Canning Town

Chess Club

Tues, 3.45-5.15pm, Beckton; Mon, 5.30-7.30pm, and Thurs, 5.30-7.30pm, East Ham; Weds, 5.30-7.30pm, Green St; Thurs, 5.30-7.30pm, Stratford; Tues, 5.30-7.30pm, The Gate; Thurs, 5-7pm, Custom House; Weds, 3.30-5pm, Plaistow

Coffee Mornings

Tues, 11.30-1pm, Beckton; Mon 11-12.30pm, North Woolwich; Thurs, 10.45-12noon, Canning Town; Tues, 11-12.30pm, Custom House

Do It Online (18yrs+)

Six-week or eight-week basic

computer training. Advance booking required, contact library directly. Tues, 10am-12noon, East Ham; Weds, 2-4pm, Stratford; Tues, Thurs, 11am-1pm, Green St; Tues, 10am-12noon, Katherine Rd C.C.; Tues, 2-3.30pm, North Woolwich; Weds, 2-3.30pm, Beckton Globe; Thurs, 1.45-2.45pm, Custom House; Weds, 3.30-5pm, Plaistow

Knit & Natter (16yrs+)

Weds, 10am-12noon, Beckton; Fri, 10.45-12noon, Canning Town; Fri, 10am-12noon, East Ham; Tues, 10.30am-12.30pm, Manor Park; Fri, 10am-12pm, Plaistow

ICT Surgery IT advice for all ages. Fri, 2-4pm, Canning Town

ICT Drop-in Session

Set up a My Newham profile and create an email account. Fri, 11am-1pm, The Gate; Fri 10.30am-12.30pm, Green St; Weds, 10.30-12noon, Stratford

Deafroots Deaf Club

Including quizzes, prizes, refreshments. Mon, 1.30-3.30pm, Stratford. New members £2, existing members £1. Email angel@deafroots.org.uk or text on 07985 242 778.

Life in the UK Classes

12-week course. Contact 020 8542 3904. Weds, 10am-12noon, East Ham; Weds 12.30-2.30pm, Fri 10am-12noon, Plaistow; Fri, 12.30-2.30pm, Green St; Tues, 12noon-2pm, Stratford

ESOL for Beginners

Tues, Fri, 1-3pm, Plaistow; Tues, Fri, 9.30am-12.30pm, Jack Cornwell C.C.; Weds, Thurs, 9.30am-2pm, Katherine Rd C.C. Call 020 8548 9825 to enrol. Mon and Weds, 9.30am-3pm, Beckton C.C.

ESOL for Absolute Beginners

Weds, 9.30am-2pm, Katherine Road C.C

Ballroom Dancing (18yrs+)

Tues, 2-3pm, Beckton C.C.; Thurs, 2.30-

4pm, Field C.C

Citizens Advice Sessions

Advice sessions on money management, energy saving and debt. Appointment only. Mon, 11am-1pm, Manor Park

Introduction to Newham

Online Course More than 500 free courses. Sat, 11am-12.30pm, Manor Park

Basic Computer Skills Fri, 10.30am-12.30pm, Manor Park

My Newham Workshop

Register with My Newham and access council services. Tues, 6-7.30pm, Manor Park

Stratford London

Toastmasters Public speaking & leadership club. 1st and 3rd Monday of each month, 6-8pm, Stratford

Embroidery Group

Thurs, 10.30am-12.30pm, Manor Park

International Lunch Club

Cost £3 per meal. First come, first served. Mon, 12noon, Beckton C.C.

Docklands Drop-In Group

Weds, 1-3pm, Beckton C.C.

Chai and Chat Women Group (18+)

For women who use mental health service only. Weds, 10.30-12.30pm, Plaistow

BPCA Day Care Centre

For people with multiple disabilities. Mon-Fri, 9am-4pm, Beckton C.C.

Employment Support Session

Last Weds of every month, 5.30-7.30pm, East Ham

Get Connected

Bring your own device. Weds, 1-2pm, Green St

English Conversation Club

Mon, 6-7.30pm, Manor Park; Weds, 10.30-11.30am, Manor Park; Thurs, 3-4pm, Rabbits Rd Institute; Mon, 11-12noon, East Ham; Weds, 10.30-11.30am, Beckton Globe; Sat, 10-12noon, Stratford; Mon, 10-11am, Plaistow

Model Train Workshop

Mon, 12.30-3.30pm, North Woolwich

Martial Arts (7-12yrs)

£2. Tues, 6.45-7.45pm; Thurs, 4.45-5.45pm, Beckton Globe

Basic English for

Beginners Mon, Weds and Thurs, 10.30-11.30am, Green St

Acupressure

Relieve physical and medical problems with pressure points. Age: 16+, £5 per session. Sat, 1-3pm, Plaistow Library

Summer Tea Dance

Dance to live artist, enjoy ballroom, Latin, Line dancing, Soca and Reggae. Sat, 25 June, 4-7pm, The Hub C.C.

Family Support Drop in

(Term Time). Speak to our Family Support Team about any issues affecting your family life. Fri, 1-2.30pm, Stratford

National Careers Service

Advice on different careers and qualifications. To book appointment, call 07415241941. 1st and 3rd Thurs of the month, Stratford

Knitting Course (16+)

Registration required through Newham Adult learning 020 8257 4680. Course fee applies. Mon, 12noon-2pm, Stratford

Dressmaking Course (16+) Beginners

Registration required through Newham Adult learning 020 8257 4680. Course fee applies. Mon, 10am-12noon, Stratford

Poetry Group (16+)

Drop in for a fun and practical art class (poetry focus) to explore, share new and creative ways to express yourself. For more information email sonesquin@hotmail.com Weds, 11am-1pm, Stratford

Creative Writing

Course(16+) Must register with Newham Adult learning 020 8257 4680. Course fee applies. Sun, 2-4pm, Stratford

ESOL Entry 2 (16+)

ESOL language classes for adult learners seeking to improve their English language. Must register with Newham Adult Learning Service ESOL Team 020 3373 0755. Tues, Fri, 9.30am-12noon, Stratford

Embroidery Course (Beginners 16+)

Must register with Newham Adult learning 020 8257 4680. Course fee applies. Tues, 1-3pm, Stratford

CYANA

Cancer You Are Not Alone, Information stall/drop-in advice session. Thurs, 23 June, 3-5pm, The Gate

Gamers Group

Monthly social club for adults with Asperger's Syndrome (AS) and High Functioning Autism (HFA). Thurs, 23 June 1-3pm, Plaistow

Table Top Sale

£5 per table. Sat, 25 June, 9am to 2pm, Jack Cornwell C.C

COMMUNITY ACTIVITIES

Mums2be Meetup

Information and support for expectant parents. 3rd Sat of every month, 10-11am. Email newham@nct.org.uk

Mums, Bumps and Babies

Fri in various cafes around Newham. Visit www.netmums.com or email jojostevie@live.com

Junior Volunteer Police Cadets (10-12 yrs, term time)

Weds, 3.30-5pm, Little Ilford School, Browning Rd, E12, £1.

Senior Volunteer Police

Cadets (13-17 yrs) Weds, 6.30-9pm, Little Ilford School, Browning Rd, E12, £2.50. Thurs, 6.30-9pm, Eastlea Community School, Exning Rd, E16, £2.50. Call 07500 881 378

Newham Super Choir

Tues, 10.30-12noon, Beckton C.C, £3.50, 1st session free

BOXING AND SELF DEFENCE

Boxing (Newham College)

Mon, 5-6pm, East Ham College, High St South, E6

Fight For Peace Boxing

Mon to Fri, 4-5pm 10-14yrs; Mon to Fri, 5-9pm, 14+yrs Woodman St, North Woolwich, E16. Call 020 7474 0054

Boxing and Self Defence (16+)

Tues, 5.15-6.15am, Jack Cornwell C.C

Street Self Defence

12 week course. Weds, 6.45-8pm, Altmore Infants School, Altmore Ave, E6 2BX. Call 07484 326 853 for more details

HEALTH AND FITNESS

Salsa Dancing (18yrs+)

Mon, 3.15-4.45pm, Beckton C.C; Tues, 11.45am-12.45pm, Field C.C

Nordic Walking

Weds, 9.15-10.30am. Meet at Field C.C. Not suitable for wheelchairs.

Tai Chi Class

Fri, 10-11am, Beckton C.C. Fri, 11am-12pm, The Gate. Fri, 5-6pm, Beckton Globe

Yoga

Cost £7.50 for 10 weeks, for 50+. Mon, 10-11.30am, Beckton C.C. TT; Mon, 6-7.30pm, Green St, £1. Thurs, 6-7.45pm, Plaistow; Thurs, 6.15-7.45pm, The Gate; Sat, 10am-12noon, Plaistow; Thurs, 6.30-7.30am, Grassroots; Mon, 6-7pm, Beckton Globe; Weds, 6-7pm, East Ham, £1

Tone-Tastic

18+ Mon, 2-3pm, Weds, 9.30-10.30am, Field C.C.

Aerobics

Tues, 9.30-10.30am, Jack Cornwell C.C £2

Keep Fit to Salsa (18+)

Tues, 11.45am-12.45pm, Field C.C; Mon, 3.15-4.45pm, Beckton C.C. Sat, 2.30-5pm, The Gate

Zumba

UnityZumba. All 8-9pm. Mon, Lister Room, East Ham Town Hall; Tues, St Mark's C.C, Tollgate Rd, Beckton; Weds, Lister Room, East Ham Town Hall; Thurs, St Mark's C.C, Tollgate Rd, Beckton. All sessions £5. Book at 07886 884573 or at info@ufdance.co.uk

Bollywood Exercise Class (14+)

Sat, 11am-12noon, Katherine Road C.C.

Slimming World

Mon, 5.30-9pm, Beckton C.C. £5

Hatha Yoga

Fri, 10.45am-12.15pm, Jack Cornwell C.C. Over 18s, £3

Walking Group

Fun walk, warm up games and cool down with light refreshment. All ages. Meet at the library. Sat, 10am-11am, Plaistow

50+ ACTIVITIES

Bingo (50+yrs)

Mon, 1-2pm, Beckton C.C; Mon, 12-4pm, Jeyes C.C; Thurs, 7-9pm, Jack Cornwell C.C

ICCAN

Faith based group with cultural activities. Fri, 12-2pm, Jeyes C.C

Active Centre 50+ Group

Weds, 12noon-4pm, Field C.C; Mon, Weds, Fri, 1.30-4pm, Beckton C. C.

Dominos Group

Fri, 6-10pm, Field C.C

Chair Based Yoga

Tues, 12.30-1.30pm, Manor Park

Forever Young

Enjoy community activities and make new friends. Weds, 11am-1pm, Beckton; Weds, 10.30am-12.30pm, Field C.C.

Pilates Classes

Tues, 9.30-10.30am, The Gate

Happy Living Club

Indoor and outdoor activities. Tues, Weds 1.30-5.30pm, Jeyes C.C

Holiday Spanish Club

Weds, 12.30-1.30pm, Manor Park

Walking Football


Tues, Sat, 10-11am, Flanders Field, E6 2SG. Email mark.blythe@bonnydowns.org or call 020 8586 7070.


Steel Pan Music Therapy
For people with learning and physical disabilities, dementia and stroke. **Fri, 11.30am-1.30pm, Beckton C.C**

Get Active, Get Healthy, and Exercises for Fitness
Thurs, 11-12noon, Jack Cornwell C.C.

Line Dancing
Weds, 12.15-1.15pm, £2.50, Well Community Centre, East Ham


Get Active, Get Healthy – Walk to the Park Mon, 10.30-11.30am, Manor Park Library

Backercise 
Tues, 6-7pm, The Gate


Drop-in Embroidery Class
Mon, 11am-1pm, East Ham 

Get Active Get Healthy, Salsa For men and women aged 50+. **Weds, 6.30-7.30pm, until 29 June, New City Outreach Centre, E13**

Get Active Get Healthy, Zumba/Salsa For men and women aged 50+. **Thurs, 10-11am, until 29 Sep, Barking Rd Community Centre.**

Health and Well Being 
Tips for healthy diet & cooking. **Thurs, 9 June-4 Aug, 3-4.30pm, 3.30-4.30pm, Jeyes C.C**

Get Active Get Healthy, Line Dancing and Folk Dance Suitable for all levels, open to men and women. **Thurs, 11am-12noon, Barking Rd C.C until 29 Sept**

Taste of Fitness 
Taster sessions in a range of fun exercise styles. Suitable for all levels, men and women. **Thurs, 6-7.30pm, East Ham**

Community Food Growing Project Come and grow food together in our new community growing space. **Meet at the library Weds, 10am-12noon, East Ham**


Community Cooking Project
Six-week cookery course. Learn to cook exciting, tasty and nutritious simple dishes. Advance booking is required. Contact site for more information. **Weds, 11-45am-1.15pm, East Ham, £6 for the course**

Tea and Games **Weds, 1-3pm, Jack Cornwell C.C.**

GREEN

Green Gym **Weds, 10am-1pm, and last Sat of month, meet at Visitor Centre in East Ham Nature Reserve, Norman Rd, E6. Call 07845 973 156**

Green Volunteering **Tues and Thurs, 10am-2pm Silvertown Wy, E16 (opp. Hallsville Rd)**

Garden Club 
Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

Gardening Thymes 
Gardening Club **Fri, 11am-1pm, Bowling Green, Central Park, High St South, E6**

Grow Together Be Together Community Gardening Club **Weds, 10am-1pm. Sat, 1pm-3pm, Flanders Field, Melbourne Rd entrance, E6. Call 020 8586 7070**

Caravanserai Garden Volunteering **Thurs and Sat, 11am-3pm, Silvertown Wy, E16. For information call 07773 863 384**

Community Gardening **Tues, 11.30am-2.30pm, St John's Green Community Garden**


DOORSTEP CLUBS

Call 0300 124 0123. unless otherwise stated.

Athletics Club (14yrs+)
A multi-sport session focusing on athletics, football and the gym. **Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394 756**

Gym & Basketball (14yrs+)
Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

FEMALE SPORTS

Basketball Sessions 
Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20

Female Boxfit (14yrs+) 
Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783 526

Girls Football (11-16yrs) 
Tues, 4-5.30pm, Thurs, 5-6pm, Newham Leisure Centre. Fri, 5-7pm. Term time only. Memorial Park, E15

Girls Group Cycling (11-15 yrs)
Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13

Just Play (14yrs+) 
Weds, 6.30-8pm, multi-sports (term time). Cumberland School, E13. Call 0300 124 0123

Modern Arnis Martial Arts (16yrs+) **Tues, 5-6pm, Jack Cornwell C.C. Ring 07473 030 250**

Female Only Gym Sessions
Mon, 3-4pm, 16-25yrs. Mon and Weds, 7.30-10.30pm. Tues and Thurs, 12noon-1.30pm. Sun, 3-5pm, 11-15yrs, Newham Leisure Centre, E13. £4.65

Get Back into Netball **Tues, 6-7.30pm, juniors; 7.30-9pm, seniors. £2. Lister Community School, E13. Call 07717 281 529**

Abs Blast (11-15yrs)
Thurs, 5.30-6.30pm, £3.10, Newham Leisure Centre, E13

Fun Female Fitness (14yrs+) 
Weds, 5-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Netball (14yrs+)
Mon, 5-6pm, Newham College, East Ham Campus, E6 6ER. £1 for non-Newham College students. Email: sports@newham.ac.uk

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Ability Club (14-25yrs) 

Multi sports for disabled young people. **Weds, 5.30-6.30pm and Fri, 4.45-6pm, NewVlc, E13**

Athletics (8-18yrs) 
Tues, 4.15-6.15pm, Brampton Manor, Roman Rd, E6. Thurs, 4.30-5.55pm, St Angela's Ursuline School, E7. Email cnourrice@englandathletics.org

Swim for Families Dealing with Autism
Weds, 4-5pm, Balaam Leisure Centre, E13. Call 0300 124 0123

Family Swims 
Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre, E13. Call 0300 124 0123. Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, E13. £5. Call 0300 124 0123.

RUNNING

Beckton Park Run
Sat, 9am, Beckton Park South, E16. Call 07718 394 756 www.parkrun.org/beckton

Run England 
£2 unless stated. **Sun, 10am-12noon, Newham Leisure Centre, E13 (meet on track). Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on track). Mon, 5.45-6.45pm, Newham Dockside, E16 (meet at reception). Weds, 12noon-1pm, Newham Dockside, E16 (meet at reception). Thurs, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception). Sat, 10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion). Sat, 10-11.30am, Memorial Park, E15, £4 (meet at cark park). Call 07718 394 874.**

SPORTS

Cricket (14yrs+)
Tues, 6-8pm, Newham Sixth Form College, E13. Call 07476 269 226

Lister Table Tennis Satellite Club (11-25yrs)
Weds, 6.30-8pm, Newham Sixth Form College, E13. £1. For information call 07888 830 179

Indoor Cricket (8-16yrs)

Weds, 6-8pm, £2, Lister Community School, E13, email michelle.daniel@activeNewham.org.uk

Black Arrows Badminton Club

Adults: Fri, 7-9pm, Juniors: Sat, 10am-12noon, £3.70, East Ham LC. Adults: Weds, 7-10pm, UEL SportsDock. Call 07932 037 173

Newham and Essex Beagles Athletics Club

Mon and Weds, 6-9pm. Foundation groups (8-10yrs). Mon, 7-8pm and Weds, 6-7pm, £5. Terence McMillan Stadium, Newham Leisure Centre, E13. www.newhamandessexbeagles.co.uk

BMX (6-16yrs)

Sun, 10am-12noon, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333 615

Mini Tennis Courses

(4-16yrs) Tues: 4-5pm, 5-6pm, East Ham Leisure Centre, 324 Barking Rd, E6 2RT. Thurs: 4.30-5.30pm, 5.30-6.30pm, 6.30-7.30pm, Newham Leisure Centre, 281 Prince Regent Ln, E13 8SD. Sat: 4-5pm, 5-6pm, Central Park (tennis courts), High St South, East Ham, E6 6ET. Sun: 12-1pm, 1-2pm, Stratford Park (tennis courts), West Ham Ln, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741 293 513

Adult Tennis (16+) Sat:

9-10am, 10-11am, 11-12pm, Central Park (tennis courts), High St South, East Ham, E6 6ET. Sun: 9-10am, 10-11am, 11-12pm, Stratford Park (tennis courts), West Ham Ln, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741 293 513

Table Tennis (14yrs)

Thurs, 4.40-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Volleyball with Newham College (14yrs+)

Thurs, 5.30-7pm, East Ham Leisure Centre
Email: sports@newham.ac.uk

FOOTBALL



AIR Football (16yrs+)

Tues, 1-3pm, Fri, 10am-12noon, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton Powerleague, E6. Visit www.airfootball.co.uk

Football and Athletics

Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16

Football & Multi Sports

Mon, 4-5.30pm, Newham Leisure Centre, E13.
Weds, 5-6pm, Stratford MUGA, West Ham Ln, E15

Mayor's Football League

U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm Newham Leisure Centre, E13

Premier League (16yrs+)

6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13

WHU Kicks

Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat 10.30am-12noon, Newham Leisure Centre, E13

Ascension Football

Sat, 10-11.30am, £3. Reception to 11yrs. King George V Park, King George Ave, E16. Call 07806 584 925

BASKETBALL



Basketball & Multi Sports

Fri, 5-6.30pm, 8-19yrs, Snowhill MUGA, Snowhill Rd, E12

Basketball Sessions

Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12

National League

Mon, 6-8pm, U13/14yrs, Tues, 6-8pm, U15/16yrs, Rokeby School, E16.

Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, E13

NCFE Sports – Basketball

Thurs, 5-7pm, East Ham Leisure Centre. To register email sports@newham.ac.uk or call 020 8257 4255

Senior Programme

Mon, 7.30-9.30pm, Division 2 women and division 3/4 men. Rokeby School, E16. Call 07947 401 616

Basketball (14yrs+)

Tues, 5.30-6.30pm, Forest Gate Community School, E7 9BB. Email: sports@newham.ac.uk

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Road, E6, unless otherwise stated.

Tues, 21 June, 7pm, Strategic Development Committee, Old Town Hall, Stratford

Weds, 22 June, 7pm, Audit Board

Fri, 24 June, 4pm, Investment and Accounts Committee, Newham Dockside, 1000 Dockside Rd, E16

Tues, 28 June, 3pm, Newham Partnership-Employment and Enterprise

Thurs, 30 June, 5pm Cabinet, **5.05pm** Mayoral Proceedings

CONTACT THE MAYOR

Here to Help sessions

Please register for surgery 30 minutes before it starts.

Thurs, 21 June, 5pm, The Gate
Sat, 25 June, 10am, 1st Floor, East Ham Customer Service Centre and Library

Telephone Surgery

Weds, 22 June: Please call 020 8430 2000 between 10-11am.

CONTACT DETAILS

LIBRARIES & COMMUNITY NEIGHBOURHOODS

Beckton Globe 1 Kingsford Wy, E6

Canning Town Barking Rd, E16

Custom House

Prince Regent Ln, E16

East Ham 328 Barking Rd, E6

Green Street 337-341 Green St, E13

The Gate 6-8 Woodgrange Rd, E7

Manor Park 685-691 Romford Rd, E12

North Woolwich

5 Pier Parade, E16

Plaistow North St, E13

Stratford 3 The Grove, E15

Archives and Local Studies

020 3373 6881

Community Outreach

020 337 30813

Church of God 37 Manor Park Road, E12, 020 8911 9494

The International Quarter Marketing Suite

Celebration Avenue, E20 1DB

LEISURE & SPORTS VENUES

Atherton Leisure Centre

189 Romford Rd, E15

Balaam Leisure Centre

14 Balaam St, E13

East Ham Leisure Centre

324 Barking Rd, E6

Newham Leisure Centre

281 Prince Regent Ln, E13

NewVic Prince Regent Ln, E13

UEL SportsDock Docklands

Campus, University Wy, E16

COMMUNITY CENTRES (C.C)

Beckton Community Centre

14 Manor Wy, E6, 020 7511 1214

East Ham Market Hall Myrtle Rd,

E6 1HY, 01708 740 092

Field Community Centre

147 Station Rd, E7 020 8536 2800

Grassroots Centre Memorial Park,

Memorial Ave, E15, 020 3373 0650

The Hub 123 Star Ln, E16

020 3373 0750

Jack Cornwell Community

Centre Jack Cornwell St, E12

020 8553 3459

Jeyes Community Centre

1 James Cl, E13, 020 3373 2205

Katherine Rd Community Centre

254 Katherine Rd, E7, 020 8548 9825

St Mark's Community Centre 218

Tollgate Rd, E6, 020 7474 1687

Vicarage Ln Community Centre

Govier Cl, E15, 020 8519 0235

Harold Rd Centre 170 Harold Road,

E13 0SE, 020 8472 2805

Queens Market Green St, E13

Rabbits Rd Institute

835 Romford Rd, London E12 5JY

Royal Docks Learning Activity

Centre Albert Rd, North Woolwich, E16 2JB

St John's Green Community

Garden Albert Rd, North Woolwich E16 2JB

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